

## High Protein Powders

**\$39.99 Gene Pro (Unflavored Protein Powder).....Tub (30 servings)**  
 \_\_\_\_\_ Unflavored (1 tbsp.).....56.7kcal, 30g protein, 0.6g carb, 0.6g sugar

**\$3.25 Chike Meal Replacements (Whey Protein Shakes).....Individual Packets**

\_\_\_\_\_ Banana Magic.....190 kcal, 28g protein, 12g carb, 4g sugar  
 \_\_\_\_\_ Chocolate.....180 kcal, 28g protein, 11g carb, 2g sugar  
 \_\_\_\_\_ Orange Cream.....190 kcal, 28g protein, 11g carb, 3g sugar  
 \_\_\_\_\_ Strawberry Burst.....190 kcal, 28g protein, 11g carb, 3g sugar  
 \_\_\_\_\_ Very Vanilla.....190 kcal, 28g protein, 11g carb, 3g sugar

**\$3.24 Chike Coffee Protein (Whey Protein Drinks).....Individual Packets**

\_\_\_\_\_ Mocha Flavored.....130kcal, 20g protein, 9g carb, 2g sugar

**\$35.00 Chike Coffee Protein (Whey Protein Drinks).....1 Box (12 drinks)**

\_\_\_\_\_ Mocha Flavored.....130kcal, 20g protein, 9g carb, 2g sugar

**\$35.00 Chike Coffee Protein (Whey Protein Drinks).....1 Bag (14 drinks)**

\_\_\_\_\_ Mocha Flavored.....130kcal, 20g protein, 9g carb, 2g sugar

**\$45.99 Bari Life (Whey Isolate Protein).....Tub (32 shakes)**

\_\_\_\_\_ Chocolate.....110 kcal, 26.8g protein, 1g carb, 1g sugar (stevia)

**\$45.99 Celebrate: Multi 4 in 1 (Protein + Multivitamin).....Individual Shakes (15)**

(5) Cake Batter.....140 kcal, 25g protein, 10g carb, 4g sugar  
 (5) Chocolate Milk.....140kcal, 25g protein, 11g carb, 4g sugar  
 (5) Orange Cream.....140 kcal, 25g protein, 11g carb, 4g sugar

**\$25.00 Provide Gold Protein Shots (liquid).....10- 1 oz shots**

**\$3.00 Provide Gold Protein Shots (liquid).....Individual 1 oz shots**

\_\_\_\_\_ Berry (Sugar-Free).....60 kcal, 15g protein, 0g carb, 0g sugar

**\$7.00 Panhandle Weight Loss Center Shaker/Water Bottle.....**

# Bundles

## \$75.00 Weight Loss Starter Kit.....

- Health Wise Variety Pack Protein Bars (Soft, Layered)
- Health Wise Variety Pack Protein Bars (Crispy)
- Health Wise Fruit Drink: Variety Pack
- 5 Single Serving Chike Meal Replacements (1 of each flavor: Banana, Chocolate, Orange, Strawberry, Vanilla)
- Panhandle Weight Loss Center Shaker/Water Bottle



## \$50.00 Pre-Op Solid Meal Bundle.....12 Meals

- \_\_\_4\_\_\_ Vegetable Stew with Beef Entrée.....170 kcal, 14g protein, 21g carb, 3g fiber
- \_\_\_4\_\_\_ Turkey Chili with Bean Entrée.....230 kcal, 20g protein, 28g carb, 6g fiber
- \_\_\_4\_\_\_ Gravy with Pot Roast & Vegetables Entrée.....240 kcal, 26g protein, 21g carb, 2g fiber

## \$80.00 Pre-Op Protein Shake Bundle.....

- 1 Health Wise Fruit Drink: Variety Pack
- 1 Health Wise Fiber Drink (Tropical Fruit or Lemon Tea)
- 5 Single Serving Chike Meal Replacements (1 of each flavor: Banana, Chocolate, Orange, Strawberry, Vanilla)
- 1 Tub Bari Life Natural Whey Protein Powder (chocolate)- 32 shakes
- Panhandle Weight Loss Center Shake/Water Bottle

## \$145.00 Post-Op Protein Bundle (Option 1).....

- 1 Health Wise Fruit Drink: Variety Pack
- 1 Health Wise Soup: Variety Pack
- 1 Health Wise Jello-O (Raspberry or Strawberry Banana)
- 5 Single Serving Chike Meal Replacements (1 of each flavor: Banana, Chocolate, Orange, Strawberry, Vanilla)
- 4 Protein 20 Waters (1 of each flavor: Harvest Grape, Tropical Coconut, Wild Cherry, Mixed Berry)
- 1 Tub Bari Life Natural Whey Protein Powder (chocolate)- 32 shakes
- Panhandle Weight Loss Center Shaker/Water Bottle
- 30 day supply of Patch MD Multivitamin Plus Patch

## \$145.00 Post-Op Protein Bundle (Option 2).....

- 1 Health Wise Fruit Drink: Variety Pack
- 1 Health Wise Soup: Variety Pack
- 1 Health Wise Jello-O (Raspberry or Strawberry Banana)
- 5 Single Serving Chike Meal Replacements (1 of each flavor: Banana, Chocolate, Orange, Strawberry, Vanilla)
- 4 Protein 20 Waters (1 of each flavor: Harvest Grape, Tropical Coconut, Wild Cherry, Mixed Berry)
- Celebrate: Multi 4 in 1- Protein + Multivitamin (chocolate milk, cake batter, orange cream)-15 shakes
- Panhandle Weight Loss Center Shaker/Water Bottle
- 30 day supply of Patch MD Multivitamin Plus Patch

# Vitamins

**\$20.00 Patch MD.....30 day supply**

- \_\_\_\_\_ Multivitamin/Multimineral
- \_\_\_\_\_ B12 Energy Plus
- \_\_\_\_\_ Calcium + Vitamin D3
- \_\_\_\_\_ Iron Plus

**Multivitamins.....**

\$34.99\_\_\_\_\_ Bariatric Fusion Multivitamin Stick Packs (powder).....60 stick packs/box

- Before Surgery: 1 month supply
- After Surgery: 2 month supply (need to add Iron)

\$39.99\_\_\_\_\_ Bariatric Fusion ADEK Multivitamin (120 chewable).....

- Before Surgery: 2 month supply
- After Surgery: 1 month supply

\$54.99\_\_\_\_\_ Bariatric Fusion Multivitamin Bundle- Sleeve Gastrectomy.....

- 1 box of multivitamin stick packs (1 month supply)
- 1 bottle of Iron soft chews (1-2 month supply)

\$64.99\_\_\_\_\_ Bariatric Fusion Multivitamin Bundle- Loop Duodenal Switch.....

- 1 bottle ADEK multivitamin chewables (1 month supply)
- 1 box of multivitamin stick packs (2 month supply)

**Calcium Citrate.....**

\$19.99\_\_\_\_\_ Celebrate Calcium PLUS 500mg (Orange Burst).....90 chewables

\$29.98\_\_\_\_\_ Celebrate Calcium 500mg + Vitamin D 500IU (Berry).....90 soft chews

\$29.98\_\_\_\_\_ Celebrate Calcium 500mg + Vitamin D 500IU (Caramel) .....90 soft chews

**Iron.....**

\$34.99\_\_\_\_\_ Bariatric Fusion Iron + C Soft Chews 45mg (Cherry).....60 soft chews

\$21.42\_\_\_\_\_ Celebrate Iron+ C 18mg (Tangerine).....90 chewables

\$23.98\_\_\_\_\_ Celebrate Iron + C 30mg (Grape).....90 chewables

\$29.98\_\_\_\_\_ Celebrate Iron + C 60mg (Berry).....90 chewables

**Therapeutic.....**

\$14.50\_\_\_\_\_ Bariatric Fusion Vitamin D3 5,000IU.....90 capsules

\$11.00\_\_\_\_\_ Bariatric Fusion Biotin 1,000mcg.....90 capsules

\$16.00\_\_\_\_\_ Celebrate B12 Quick-Melts, Sublingual (Mint).....90 melts

\$21.99\_\_\_\_\_ Health Wise EFA (Essential Fatty Acids).....120 capsules

\$21.99\_\_\_\_\_ Health Wise Pro-Biotics.....30 capsules

# High Protein Drinks

<b>\$2.49/bottle Protein 20.....(Protein Water)</b>	
_____ Harvest Grape.....	60kcal, 15g protein, 0g carb, 0g sugar
_____ Mixed Berry.....	60kcal, 15g protein, 0g carb, 0g sugar
_____ Tropical Coconut.....	60kcal, 15g protein, 1g carb, 0g sugar
_____ Wild Cherry.....	70kcal, 15g protein, 4g carb, 0g sugar

<b>\$15.99 Health Wise Fruit Drinks.....7 Packets per box</b>	
_____ Wild Berry.....	70 kcal, 15g protein, 1g carb, 4g sugar
_____ Lemon Razzzy.....	70 kcal, 15g protein, 1g carb, 4g sugar
_____ Peach Tea.....	70 kcal, 15g protein, 1g carb, 0g sugar
_____ Peach Mango.....	70 kcal, 15g protein, 1g carb, 0g sugar
_____ <i>Variety Pack:</i>	
• Cran Grape.....	70 kcal, 15g protein, 1g carb, 0g sugar
• Grapefruit.....	80 kcal, 15g protein, 4g carb, 0g sugar
• Pineapple Orange.....	70 kcal, 15g protein, 2g carb, 0g sugar
• Strawberry Kiwi.....	70 kcal, 15g protein, 1g carb, 0g sugar

<b>\$15.99 Health Wise Liquid Concentrate Drink.....7 Packets per box</b>	
_____ Cran Grape.....	69kcal, 17g protein, 0g carb, 0g sugar
_____ Orange.....	75kcal, 17g protein, 0g carb, 0g sugar

<b>\$10.00 Health Wise Fiber Drinks.....10 Packets per box</b>	
_____ Tropical Fruit.....	20 kcal, 7g carb, 0g sugar, 5g fiber
_____ Lemon Tea.....	20 kcal, 7g carb, 0g sugar, 5g fiber
_____ Unflavored.....	20kcal, 7g carb, 0g sugar, 5g fiber

<b>\$15.99 Health Wise Protein Hot Chocolate.....7 Packets per box</b>	
_____ Hot Chocolate.....	80 kcal, 15g protein, 3g carb, 2g sugar
_____ Hot Chocolate with Marshmallows.....	80 kcal, 15g protein, 5g carb, 3g sugar
_____ <i>Variety Pack:</i>	
• Amaretto Hot Chocolate.....	80 kcal, 15g protein, 5g carb, 2g sugar
• Cinnamon Hot Chocolate.....	80 kcal, 15g protein, 5g carb, 2g sugar
• Hot Chocolate.....	80 kcal, 15g protein, 3g carb, 2g sugar
• Mint Hot Chocolate.....	80 kcal, 15g protein, 4g carb, 2g sugar
• Mocha Hot Chocolate.....	90 kcal, 15g protein, 5g carb, 2g sugar
• Raspberry Hot Chocolate.....	80 kcal, 15g protein, 5g carb, 2g sugar
_____ Amaretto Cappuccino.....	90 kcal, 15g protein, 4g carb, 2g sugar
_____ Cappuccino.....	90 kcal, 15g protein, 4g carb, 2g sugar
_____ Vanilla Cappuccino.....	90 kcal, 15g protein, 5g carb, 2g sugar
_____ Chocolate Instant Drink.....	80 kcal, 15g protein, 3g carb, 2g sugar
_____ Protoccina Instant Drink.....	80 kcal, 15g protein, 5g carb, 4g sugar

# High Protein Foods

## **\$15.99 Health Wise Protein Soups.....7 Packets per box**

\_\_\_\_\_ Beef Bouillon.....70 kcal, 15g protein, 1g carb, 480mg sodium  
\_\_\_\_\_ Chicken Bouillon.....70 kcal, 15g protein, 1g carb, 180mg sodium  
\_\_\_\_\_ Tomato Soup.....70 kcal, 15g protein, 5g carb, 125mg sodium

### *Variety Pack:*

- Chicken Bouillon.....70 kcal, 15g protein, 1g carb, 180mg sodium
- Cream of Broccoli.....80 kcal, 15g protein, 4g carb, 530mg sodium
- Cream of Chicken.....95 kcal, 15g protein, 5g carb, 440mg sodium
- Chicken Pasta.....90 kcal, 15g protein, 7g carb, 180mg sodium
- Cream of Tomato.....100 kcal, 15g protein, 5g carb, 125mg sodium

## **\$15.99 Health Wise Protein Jell-O.....7 Packets per box**

\_\_\_\_\_ Strawberry Banana.....60 kcal, 15g protein, 0g carb, 0g sugar  
\_\_\_\_\_ Raspberry.....70 kcal, 15g protein, 2g carb, 0g sugar

## **\$3.50 Health Wise Protein Jell-O Packs.....3 Cups per pack**

\_\_\_\_\_ Grape.....80 kcal, 15g protein, 6g carb, 2g sugar  
\_\_\_\_\_ Tropical Fruit.....80 kcal, 15g protein, 6g carb, 2g sugar

## **\$15.99 Health Wise Protein Pudding/Shake.....7 Packets per box**

\_\_\_\_\_ Chocolate.....90 kcal, 15g protein, 1g carb, 2g sugar  
\_\_\_\_\_ Vanilla.....80 kcal, 15g protein, 0.5g carb, 3g sugar

### *Variety Pack:*

- Chocolate.....90 kcal, 15g protein, 1g carb, 2g sugar
- Vanilla.....80 kcal, 15g protein, 0.5g carb, 3g sugar
- NY Cheesesteak.....90 kcal, 15g protein, 1g carb, 2g sugar
- Tropical Banana.....90 kcal, 15g protein, 0g carb, 5g sugar
- Cali Strawberry.....90 kcal, 15g protein, 0g carb, 1g sugar

## **\$2.00 per bag Health Wise Protein Chips.....**

\_\_\_\_\_ BBQ Chips.....130 kcal, 10g protein, 15g carb, 5g fiber, 5g sugar  
\_\_\_\_\_ Pizza Chips.....130 kcal, 15g protein, 16g carb, 5g fiber, 5g sugar

## **\$15.95 Health Wise Protein Cookies.....7 cookies per box**

\_\_\_\_\_ Chocolate Chip.....170 kcal, 15g protein, 15g carb, 5g sugar  
\_\_\_\_\_ Chocolate Drizzle.....165kcal, 14g protein, 14g carb, 5g sugar  
\_\_\_\_\_ Oatmeal Raisin.....155kcal, 15g protein, 16g carb, 7g sugar

## **\$10.50 Health Wise Protein Wafers.....7 wafers per box**

\_\_\_\_\_ Chocolate wafers.....100 kcal, 6g protein, 5g carb, 2g sugar  
\_\_\_\_\_ Peanut Butter wafers.....100 kcal, 6g protein, 7g carb, 2g sugar  
\_\_\_\_\_ Vanilla wafers.....100kcal, 6g protein, 6g carb, 3g sugar

**\$15.99 Health Wise Protein Bars.....7 per box**

_____ Caramel Crunch.....	170 kcal, 15g protein, 16g carb, 2g sugar
_____ Caramel Nut.....	155 kcal, 12g protein, 13g carb, 8g sugar
_____ Chocolate Coconut.....	150 kcal, 15g protein, 18g carb, 5g sugar
_____ Chocolate Mint (Crispy).....	160kcal, 15g protein, 18g carb, 7g sugar
_____ Chocolate Mint.....	160 kcal, 14g protein, 16g carb, 5g sugar
_____ Chocolate Peanut Dream (Crispy).....	190 kcal, 15g protein, 21g carb, 2g sugar
_____ Chunky Crisp Peanut Butter (Crispy).....	160kcal, 12g protein, 18g carb, 9g sugar
_____ Cinnamon Raisin (Crispy).....	160 kcal, 14g protein, 19g carb, 12g sugar
_____ Peanut Butter & Jelly (Crispy).....	180kcal, 14g protein, 21g carb, 14g sugar
_____ Peanut Butter & Jelly.....	170 kcal, 12g protein, 16g carb, 8g sugar
_____ Peanut Butter.....	170kcal, 14g protein, 12g carb, 6g sugar
_____ Peanut Pretzel (Crispy).....	160kcal, 13g protein, 18g carb, 3g sugar
_____ Rocky Road.....	170kcal, 14g protein, 15g carb, 5g sugar

*Variety Pack (Soft, Layered Protein Bars)*

- Caramel Crunch.....170kcal, 15g protein, 16g carb, 8g sugar
- C
- hocolate Mint.....160 kcal, 14g protein, 16g carb, 5g sugar
- Oatmeal.....150kcal, 13g protein, 16g carb, 7g sugar
- P
- eanut Butter & Jelly.....170 kcal, 12g protein, 16g carb, 8g sugar
- P
- eanut Butter.....170 kcal, 15g protein, 12g carb, 6g sugar
- Rocky Road.....170kcal, 14g protein, 15g carb, 5g sugar
- S
- trawberry Cheesesteak.....155 kcal, 12g protein, 16g carb, 5g sugar

*Variety Pack (Crispy Protein Bars)*

- C
- hocolate Peanut Dreamt.....190 kcal, 15g protein, 21g carb, 8g sugar
- Cinnamon Raisin.....160 kcal, 14g protein, 19g carb, 12g sugar
- L
- eamon Meringue.....160 kcal, 14g protein, 18g carb, 12g sugar
- P
- eanut Butter & Jelly.....180 kcal, 14g protein, 21g carb, 14g sugar
- Peanut Butter.....170kcal, 14g protein, 17g carb, 11g sugar

**\$15.99 Health Wise Protein Breakfast Meals.....7 per box**

_____ Southwestern Omelet.....	90 kcal, 15g protein, 5g carb, <1g sugar
_____ Bacon Cheese Omelet.....	100 kcal, 15g protein, 2g carb, <1g sugar

*Variety Pack*

- Bacon & Cheese Omelet.....100 kcal, 15g protein, 2g carb, <1g sugar
- V
- egetable Omelet.....100 kcal, 15g protein, 3g carb, <1g sugar
- Oatmeal, Apple Cinnamon.....100 kcal, 14g protein, 8g carb, <1g sugar

- oatmeal, Maple & Brown Sugar.....100 kcal, 14g protein, 8g carb, 0g sugar O
- blueberry Pancake.....110 kcal, 15g protein, 9g carb, 3g sugar B
- Chocolate Chip Pancake.....110 kcal, 15g protein, 9g carb, 3g sugar P
- pancake.....90 kcal, 15g protein, 6g carb, <1g sugar
- \_\_\_\_\_ Oatmeal, Apple Cinnamon.....100 kcal, 14g protein, 8g carb, <1g sugar
- \_\_\_\_\_ Oatmeal, Maple & Brown Sugar.....100 kcal, 14g protein, 8g carb, 0g sugar

**\$11.00 Health Wise Protein Breakfast Cereal.....7 per box**

- \_\_\_\_\_ Cinnamon Cereal.....120 kcal, 15g protein, 9g carb, <1g sugar

**\$6.00 Health Wise Protein Lunch & Dinner Meals.....**

- \_\_\_\_\_ Vegetable Stew with Beef Entrée.....170 kcal, 14g protein, 21g carb, 3g fiber
- \_\_\_\_\_ Turkey Chili with Bean Entrée.....230 kcal, 20g protein, 28g carb, 6g fiber
- \_\_\_\_\_ Gravy with Pot Roast & Vegetables Entrée.....240 kcal, 26g protein, 21g carb, 2g fiber
- \_\_\_\_\_ Spicy Oriental Chicken Entrée.....230 kcal, 13g protein, 34g carb, 3g fiber

**\$6.50 Chike Powdered Peanut Butter.....1 Jar**

- \_\_\_\_\_ Powdered Peanut Butter (Original).....40kcal, 6g protein, 1.5g fat, 1g sugar